##### BAND 8

##### FULL YEAR

Band 8 is a continuation of Band 7. It is a linear class which means it runs all year. More and more responsibility will be placed on the student for home practice, technical requirements, solos, theory, and class analysis of music played.

**FOODS & NUTRITION 8**

**HALF YEAR**

Food Studies 8 is an introductory course intended to give the students valuable information and practice in enjoyable food preparation (cooking), in safe food practice (food handling, equipment and working in a group) and in nutrition knowledge. They will cook foods such biscuits and muffins. They will make meals such as spaghetti with sauce and stir fry; skills they can use at home. There will be an opportunity for the students to experience cooking a Metis meal with a Metis community member.

**ART 8**

**HALF YEAR**

Art 8 will build on the grade 7 program, exposing students to the basic skills and techniques in art, expressing themselves creatively and effectively solving artistic problems. Students will further develop their understanding of design, composition and color theory. They will be exposed to a selection of fundamental artists and art periods.

**DRAMA 8**

**HALF YEAR**

Grade 8 Drama will continue to expand your “actor’s toolkit” with mini units in mime, stage combat, voice work, character speeches, and improvisation.  This course is an opportunity to improve your public speaking, leadership, and social skills.

**COMPUTERS 8**

**HALF YEAR**

This class is an introduction to information technology.  Students will have the opportunity to use computers to expand their knowledge and skills in several areas, including operating systems, file management, hardware and software applications, Internet Safety, and Media Literacy.  Students will build projects in Kodu Game Lab Design, create websites in Weebly, code basic projects in Scratch, and create a stop motion animation using video editor.

**WOOD 8**

**HALF YEAR**

Learn how to use several of the power tools in the woodworking shop while you build a small wooden basketball toy and an air powered car. For most students, there will be time to design, plan, and build your own small projects. You will have opportunity to learn and use many of the tools and machines in the wood shop.

**METAL 8**

**HALF YEAR**

You’ll have time in the metalwork shop to create projects that are closer to jewelry/art and to learn welding techniques to form a gravity defying balancing person. Try your hand at forging or ring making and bring your imagination for a personal project. You will have opportunity to learn and use many of the tools and machines in the metal shop.

**S.T.E.A.M.**

**HALF YEAR**

Are you a creator, thinker, problem solver, doer, innovator, or an inventor? STEAM is designed to have students engage in activities that explore Science, Technology, Engineering, Arts and Mathematics: building bridges, coding, experiments and more. This class provides students the opportunity to investigate why something isn’t working, make an adjustment, and try again.

**NEST - OUT DOOR EDUCATION**

**HALF YEAR**

Through team-building activities and environmental sustainability projects, students will strengthen their leadership skills. Students choosing this elective will be expected to wear weather-appropriate attire. Students will further develop their connection to our local community by engaging in experiences in the outdoors; we will not be confined to the four walls of a classroom.

**SEWING 8**

**HALF YEAR**

Sewing 8 is an introductory sewing course intended to give students basic sewing skills using woven and knit fabrics. They will learn hand sewing techniques as well as the safe use of a sewing machine and a serger. The projects will include an ear bud pouch, a sports bag and possibly boxer shorts. Knit fabric will be used to make a t-shirt, a toque or slippers. Learning to use a commercial sewing pattern will be included.

**LEADERSHIP**

**HALF YEAR**

Leadership is a course in which students explore various topic in social justice and work individually and in group settings on initiatives for change both at the school level and the wider world.